

## International Feldenkrais Training and Accreditation Guidelines

The purpose of the Training Accreditation Guidelines is to insure and promote the quality of each accredited FELDENKRAIS® Professional Training Program (FPTP). The principle intention is to support and to promote the learning of all those who are involved - the trainees, trainers and assistants - in a way which enables the FELDENKRAIS METHOD® to develop, and be adaptable to contemporary society.

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*Revised and adopted by the EuroTAB, and the North American TAB and Board of Directors - 1992; Amended 1994, modifications for EuroTAB fees made July 1999 and April 2001. Further changes have dates noted in [brackets].*

### Application and Accreditation Guidelines

1. The training shall prepare trainees for competence in the practice of both AWARENESS THROUGH MOVEMENT® and FUNCTIONAL INTEGRATION®.
2. Each individual training program shall be separately accredited in its entirety.
3. In countries where there is a formally recognized association of practitioners/teachers, the TAB will consult with the national organization. No training program in a given country will be accredited without consulting with the national association of practitioners. A letter from the practitioner association regarding the training program should accompany the training proposal. Each country may have a specific agreement with the TAB regarding the way to be considered in the process of accrediting a proposal.
4. A program shall not begin before accreditation has been given.
5. A proposal will be considered for approval by the TAB within three (3) months of receipt of a training proposal which fulfills all the criteria to the TAB. The staff will review the proposal for completeness and write to the training organizers for additional data, if needed, before the proposal is put on the agenda of the TAB.
6. Advertising and promotional materials:  
*[revised May 2004]*
  - a. Advertising includes written announcements to the public or to practitioners, teachers, and/or trainees of the FELDENKRAIS METHOD. A letter of intention or announcement of a "project" or anything of similar intent, published in FELDENKRAIS literature or any publication or place is considered advertising.
  - b. Advertising published before accreditation must include a statement that the sponsor "intends to apply for accreditation."

- c. Advertising should specify that in certain states, or countries, professional practice may be subject to licensing laws limiting their professional practice unless the graduate has (a) certain license(s).
- d. Advertising shall indicate that neither ATM or FI may be practiced professionally until the person has graduated from an accredited training program. Interim authorization as an
- e. ATM teacher is a student teaching position, subject to completing all graduation requirements.
- f. Service Marks:
  - i. The training program shall comply with the service mark provisions of the country in which the program is operating. For information on local service mark provisions training organizers are to refer to the Guild/Association of the country in which the training program is operating.
  - ii. Service marks will be appropriately used in all training program promotional materials.

*In North America, the following statement must also be clearly stated:*

*„FELDENKRAIS®, FUNCTIONAL INTEGRATION®, AWARENESS THROUGH MOVEMENT®, are service marks of The FELDENKRAIS GUILD®“.*

*If the term „Guild Certified Feldenkrais Practitioner is used it should be marked with „sm“ (for service mark) until it is eligible for the ®, and also be included in the above statement.*

*Brochures, notices of the training must be reviewed by the Guild office (allow at least 5 days) for use of the Guild’s service marks before publication.*

7. When more than one training program is in the same geographical area, it is expected that the training organizers will be in communication with each other to support the needs of the area and to facilitate coordination between the training organizations.
8. It is expected that a training program will proceed according to what has been set forth in the proposal with regard to educational content, personnel, location, structure, etc. The TAB must be informed as soon as possible, in writing, of any planned or unplanned changes in these areas. Significant changes in program may affect the status of accreditation.
9. Include in the proposal consideration of current geographical distribution of FELDENKRAIS Practitioners/Teachers and the needs of the proposed communities to be served. Specifically address how the following will be provided:
  1. an educational support system during the training program and continuity between segments, such as study groups, newsletter, etc.
  2. opportunity for post graduate education after the training program;
  3. attention to ways a professional practice can be developed.
10. Include a statement in the proposal attesting that the program is in compliance with country, state, and local laws and that all necessary permits and licenses for conducting a professional training program have been obtained.
11. A training is to be held over a minimum of three years (36 months) and include a minimum of 800 hours of class instruction over at least 160 days of training. In training segments longer than 10 days, there has to be at least one day off after each 7 days.

## Requirements related to the organizational aspects of the training program

12. A trainer needs to be present for the entire 800 hours, except for brief and extraordinary circumstances. However, a maximum of eight (8) days of any training program can be taught by an experienced assistant trainer (defined by a minimum of eight (8) years experience as an Assistant Trainer and 320 days of work in training programs) or a trainer candidate without the trainer present, but with trainer supervision, at the discretion of the Educational Director. No more than two (2) of these eight days may be consecutive. Training proposals must include specific dates a training is to be held, with a list of who the trainer is for each of those specific dates. A letter of agreement from each trainer (or backup trainer) for those specific dates is to be included as well. *[May 2004]*
13. Every training program has to have an Educational Director and an Administrative Director. (In some cases, both roles may be performed by the same person.)
14. In the Administrative function, one person will be responsible for financial and organizational aspects, including the relationship with the local practitioner Guild/Association and the TAB. This function may be shared.
15. The Administrative Director shall be either a citizen or permanent resident or has to know the laws, language and customs on the country in which the Training Program takes place. Someone from the Administrative staff shall be present on the training site as often as needed.
16. The proposal shall include:
  - a. Name(s) of the Educational and Administrative Director (s).
  - b. List of qualifications and duties of persons responsible for administrative and professional aspects.
  - c. Location, where the training Program will be held.
  - d. Exact dates, indicating how the minimum requirement of the 200 hours per training year will be met.
  - e. A list of the names of the trainers and a list of assistant trainers who have verbally agreed.
  - f. Letters from each trainer agreeing to participate in the training program including specific dates the trainer will be teaching.
  - g. A description of the process and criteria to be used to remove trainees during the training.
  - h. A description of the graduation process will be included in the proposal.
  - i. A list of fees and a budget for each of the four years in local currency as well as in US Dollars.
  - j. A description of the on going feedback and evaluation strategies to track the progress of the training, the trainees, the assistant trainers, and the performance of the trainers.
  - k. A copy of the contract to be signed between the training organization and the trainees.
17. The TAB shall receive a fee for the process of accreditation. The current fees are:
  - a. Application fee (non refundable) - \$500.00 U.S.; in Europe, it's 450.- Euro *[Changed January 2011. Effective for Israel as of February 9th, 2011]*. (This is a one-time fee, to be included with the application.)
  - b. For programs submitting to the North American TAB, the accreditation fee (non refundable) for each training program, is \$100.00/trainee/year, payable at the beginning of each training year to the Guild office, with verification and reconciliation at the end of each training year in cases where trainees have been added or dropped.

- c. For proposals submitting to the European TAB, the accreditation fee is 2 % of the yearly tuition fee, multiplied by the number of students per year, payable at the end of the training year to the EuroTAB office. The total amount per student shall not exceed %euro; 70.00. This affects trainings accredited after November 5th 2004 [*Changed November 2004*].
18. In North America, Guild student membership shall be mandatory. The fee is set at \$60.00/calendar year for each trainee. The first year's payment may be prorated for programs beginning later in the year. The fees should be paid and the names and addresses of the trainees given to the Guild office by the 25th day of the training program; thereafter, one bill will be issued yearly by the Guild office to training organizers to collect the total amount. In Europe and Israel, a fee has to be paid yearly without direct relationship with a student membership. The fee is set at 20.-- Euro/calendar year per trainee. The fees should be paid and the names and addresses of the trainees given to the EuroTAB Council by the 25th day of the training program. The fee is to be paid as follows:
- o for all trainees in the training, the fee is paid to the host guild/association the country where the training takes place. This is irrespective of the trainees' country of residence. [*Changed November, 2001*]
  - o In the future a training may take place in a country where there is, as yet, no Guild. In this case, the Training Organiser will pay the fees to the EuroTAB Council. Once a Guild is formed, which is a full member of the EuroTAB Council, the EuroTAB Council will give this money to that Guild. The list of names and addresses of trainees will also be sent to the Council, who will send on names and addresses to relevant Guilds.
- [Changed January 2009: TAG 18 effective in Israel for training programs which applied for accreditation after January 31st, 2009]*
19. In North America, within the first year of the training, the trainees will receive an orientation packet from the Guild.
20. Letters from assistant trainers are not required in the training proposal, but formal agreements are expected to be made between the training organization and the assistant trainer.
21. If an assistant trainer is scheduled to be the trainer for a specific segment on the assumption that they will be granted trainer status by that time, a letter from a trainer will be required committing him/herself to be a backup for this time should the assistant trainer not become a trainer as scheduled.
22. It is recommended that assistant trainers hired for years 3 and 4 of a training program have experience teaching in years one and two.
23. All trainers and assistant trainers must be members of a recognized FELDENKRAIS Professional practitioner/teacher Guild/Association.  
*[Effective for Europe/Israel January, 1st 2009]*
24. The training organizer and at least one member of the educational team in every segment should speak the native language of the country, except in those countries where insufficient number of trainers and assistants speak the language.

## Requirements for the educational aspects of the Training Program

25. A training shall accept no more than 80 participants for a given program, have no more than 80 participants on site, and graduate no more than 80 (exception - visitors and guests).
26. A proposal should include a clear and comprehensive educational plan including an outline of general and specific skills and functional abilities to be fostered by the training, along with learning strategies to be used to provide learning experiences for the trainees and how these will evolve throughout the training.
27. A description of the process and criteria to be used in screening applicants should be included in the proposal. Diversity from a variety of professions, occupations and fields of endeavor is encouraged. Trainees shall be accepted into the FELDENKRAIS Professional Training Program regardless of their race, gender, religion, physical limitations, age or sexual orientation, provided they fulfill the other requirements described herewith.
28. Previous experience in the FELDENKRAIS METHOD, both FI and ATM, is needed for participating in a training program.
29. A contract shall be signed between accepted applicants and training organizers. This contract shall include:
  - a. number of FI lessons included in the tuition
  - b. fees, conditions of payment and responsibilities for non-payment of fees
  - c. number of hours and years
  - d. evaluation process during the training
  - e. causes and process for dismissal
  - f. maximum of permitted time of absence during the training program
  - g. authorization to teach ATM after a designated period of time
  - h. graduation process
  - i. a clause about the intention of the trainee to complete the four years in one training
  - j. a statement about what insurance coverage the training organization offers.
  - k. description of when and how the service mark terms and the logo may be used.
  - l. a statement about needing to conform to laws about "hands on" practice in certain cases, in some states, provinces, and countries.
  - m. a statement that the training is organized under policies of an international accreditation board.
  - n. a statement that the training has to be completed in seven (7) years.
  - o. a statement that the trainees agrees not to advertise at all during the first two (2) years of the training.
  - p. a statement to the effect that by signing the contract, the trainees authorizes the use of his/her name, address, date and place of birth, communication networks coordinates (phone, fax, computer access codes, etc.) and formal level in the FELDENKRAIS community in a FELDENKRAIS database.
30. The Educational Director is responsible for the integrity of the entire training process; he/she should be a Guild-Certified Trainer with at least two years of experience in this function. Until 1993 we will consider an assistant trainer with extensive FELDENKRAIS professional training experience. In 1995, it will be required to be a trainer with 2 years of experience as a trainer.
  - a. For the sake of continuity, the educational director or one person from the educational staff or team has to be present 100% of the time. The Educational Director her/himself is to be present at least 50% of the time.

Continuity - the TAB has further delineated what this means in terms of what needs to be done in trainings and in proposals submitted for accreditation. It is preferred that the Educational team consist of trainers and very experienced assistant trainers and that these are the people providing the continuity functions. Various combinations of faculty, manuals, design materials, and communications with the educational director may be used to fulfill the continuity functions, given the specific situation for each training program. The key is to be in clear communication with the TAB about how this function is to be (and is) carried out.

Proposals must specifically address the continuity functions. When the Educational Director is not present 100% of the time the plan should account for the following aspects of continuity:

- how the incoming trainer will know about the educational design and what has preceded the current segment, including information about any special needs of the group and/or specific students.
  - how the Educational Director will learn about the segment including information about specific students, if indicated
  - how the students' need for a consistent, reliable presence by an educational team member is actualized.
- b. The function of educational direction of the training program may be shared by an educational staff, educational team, or co-educational directors.
- c. The function of educational direction of the training program includes:
1. Development and implementation of the educational plan and coordination of the educational process.
  2. Coordination and integration of all trainers and training staff with the process.
  3. Ongoing evaluation of the educational process, including how it is received by the trainees.
  4. Evaluation of the trainees for graduation.
31. The educational plan shall include a description of how the educational materials of Moshe Feldenkrais will be utilized in the training program and how the trainees will be exposed to the man and his teachings.
32. In countries, where the main language of the trainees is not English, a translation of materials should be provided.
33. It is expected that ATM will be part of the curriculum all four years of the training program. The educational plan will specify how AWARENESS THROUGH MOVEMENT will be taught in relation to FUNCTIONAL INTEGRATION.
34. During the training, the trainees shall be exposed to a minimum of four trainers. The maximum any one trainer can teach is 50%. However, an Educational Director who has directed a minimum of two training programs can teach a maximum of 60%. The additional days shall be taught by a minimum of three additional trainers. Minimum exposure to one trainer is 10 days. The educational plan will indicate how the principle of significant variety will be implemented. The 3 TABs have discussed the procedure for implementing this change, and have agreed that there may be continental variations in its implementation for trainings which are already in progress.

The EuroTAB will be implementing the change as follows:

- a. For trainings which have not yet been accredited, the EuroTAB will be accepting proposals which conform to the language of the change, as noted above.
  - b. For trainings which are already running, the EuroTAB will accept written requests for a change in the already accredited teaching plan, allowing the Educational Director (assuming he or she has already directed a minimum of 2 trainings) to teach an additional 16 days, but only if this does not interfere with the requirement for "significant variety" (at least 3 other trainers must still be teaching--none of them less than 10 days). [23.3.2004]
35. A minimum of 12 F.I. lessons shall be offered to each trainee as part of the training and included in the tuition. All of these lessons shall be given under the direction of the Educational Director. At least 1 of these lessons shall be given by a Trainer. Practitioners with at least five years of experience may give up to 5 of these lessons. All remaining lessons shall be given by a Trainer or an Assistant Trainer. It is expected that the majority of these lessons will be given outside the 800 hours. [May 2004]
  36. In the first half of a program, there shall be an average of one trainer or assistant trainer for each 20 participants or fraction thereof. For trainings under 40 participants, in the first half, there may be one trainer for 30 participants or fraction thereof. In the second half of all training programs, the ratio is one to 15.
  37. Each trainee must have the opportunity to teach ATM under supervision before he/she is authorized to teach ATM with the public. Such authorization will not be granted before 80 full days of training is completed.
  38. In the last quarter of the training, each trainee will have the opportunity to give at least two (2) FI lessons under supervision.
  39. Trainees in training programs will be permitted to teach AWARENESS THROUGH MOVEMENT for purposes of their learning, after two years enrollment in the Professional Training Program. If a trainee drops out of the training program after two years enrollment, but before graduation, he/she will lose the right to teach AWARENESS THROUGH MOVEMENT, unless he/she has been granted a leave of absence.
  40. In North America, trainees are permitted to call themselves authorized ATM Teachers, not certified, which doesn't happen until graduation.
  41. Trainees may miss no more than five (5) days in any year, and no more than ten (10) days during the whole course of the training program, without having to make formal arrangements with the trainer or educational staff to make up missed class time. The trainee, however, is responsible for the content of the missed material. Trainees must make up all additional missed time with assistance of the educational director and the training program teachers.  
When an entire sequence is made up in another training program, it is expected that the learning material be comparable, both in content and stage in the training process. Make up work is to be done as soon as possible.  
In Europe and Israel and in North America, no person shall join a training program, having missed more than the first year (40 days/200 hours) of the program.
  42. The training program graduating the trainee and giving the diploma is responsible to see that the trainee has fulfilled all the requirements for graduation.

43. A trainee who wants to transfer from one training program to another must receive a letter from the educational director and the administrative director of his/her original program, indicating fees paid, number of days of training completed, which parts of the program completed, and a recommendation to continue the training elsewhere.
44. If a trainee has to interrupt the training program and wishes to continue in another program after a period of elapsed time, the Training Accreditation Board will decide about the trainee's eligibility to continue his/her training, on a case by case basis. A training has to be completed within seven years' time.
45. There shall be a visitor (trainees from other programs and graduates) and guest policy.
46. Describe in the proposal, ongoing feedback and evaluation strategies to track the progress of the training, the trainees, the assistant trainers, and the performance of the trainers.
47. Compliance forms are due after each 20 days of training (40 days for 8-week long programs). [For programs with three segments each year, submitting the forms after each segment is easier for the TABs to review.]

Declaration of Obligation: As part of the Training accreditation process in Europe, training organisers will be required to sign a Declaration of Obligation in which they agree to be bound by there guidelines in regard to fulfilling their obligations and paying the required fees, as listed in Nos. 17 and 18. [6.12.2006]

*Proposed by the NATAB, July 1999, confirmed by EuroTAB, December 1999, and ratified by EuroTAB Council, March 2001; proposed and agreed on by the EuroTAB Council on November 5th, 2005 and modified 13 March 2006.*

